

## PONDEROSA BIBLE CAMP - Foster Kids Camp Packing List


### WHAT TO PACK

#### Bedding & Personal Items

- Twin-size bedding (*sleeping bag OR fitted twin sheet + blanket*)
- Pillow
- 2 or more bath towels (*label with camper's name*)
- 2 pool/beach towels (*label with camper's name*)
- Toothbrush & toothpaste
- Shampoo & soap
- Deodorant

#### Clothing (Modest & Casual)

- At least 7 modest outfits
- 7 pairs of underwear
- Tennis/athletic shoes
- Flip-flops, slides, or Crocs (*required for pool, river, and water games*)

 Please review the Dress Code section below

#### Swimwear & Water Activities

##### Boys

- Swim trunks

##### Girls

- One-piece swimsuit or tankini
- No bikinis unless covered with a dark T-shirt

### All Campers

- **REQUIRED:** Flip-flops, slides, or Crocs *are required for water activities - also required when leaving the pool to go to the restroom*
  - Swim cover-up or quick-dry clothes for walking to/from water
  - 2 pool/beach towels (*label with camper's name*)
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#### Optional Items

- Comfort item or plush toy
- Flashlight
- Raincoat or poncho
- Bug spray
- Sunscreen

#### Camper Modesty & Dress Code

At Ponderosa, we strive to create an environment focused on spiritual growth, respect, and community.

 **“Modesty is our policy.”**

Please help campers:

- Wear clothing that is comfortable, modest, and appropriate for active outdoor play
- Wear cover-ups over swimsuits when outside the water
- Avoid overly revealing clothing or inappropriate graphics

## Medications

- All prescription medications must be in original containers
  - Camper name and dosage must be clearly labeled
  - Medications must be checked in with the First Aid Provider at check-in
  - Medications will be securely stored in the First Aid Station
  - Ponderosa provides basic over-the-counter medications (*Tylenol, Advil, cold medicine, etc.*)
  - If your child prefers a specific brand or flavor, please send it labeled and check it in at arrival
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## What NOT to Bring

Please do NOT send:

- Electronics or tablets
  - Knives or weapons
  - Vapes or tobacco products
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## Cell Phone Policy

Ponderosa Bible Camp is a technology-free camp focused on friendships, faith, and fun without digital distractions.

***We understand many foster children may not have a phone, and that is completely fine. If your camper does have a phone, please read below.***

## At Check-In


- All phones will be collected by camp staff and securely stored in the camp office
- Foster parents may prefer to simply leave phones at home during camp week
- Campers may not keep phones in cabins or on their person
- Phones found during the week will be stored until Friday

## Emergencies

- Campers may request to use the camp phone under staff supervision
- Staff will assess the situation and help facilitate calls when needed

## Phone Return if applicable

- Phones will be returned Friday morning after chapel during check-out

 **Note:** Ponderosa Bible Camp is not responsible for lost, damaged, or stolen phones.

## THANK YOU!

We're thankful for your partnership in making this week a safe, joyful, and spiritually enriching experience for your foster camper!