

Next Step Teen Camp - Packing List



- Bible, notebook & pen/pencil
- Sleeping bag or sheets for twin mattress. A twin size fitted sheet is recommended for added comfort to cover your vinyl mattress even if you use a sleeping bag and Pillow.
- Towels for pool and shower-3 or more recommended. (be sure to label them with permanent marker or embroidery)
- Toiletries, tooth brush, tooth paste, shampoo, soap, deodorant, Optional: Hair dryer, curlers, straighteners
- Closed-toe shoes for horseback riding
- Disposable or digital camera with your name in permanent marker (if you choose to bring a digital camera, Ponderosa cannot be responsible for damage, lost or stolen property)
- Casual modest clothing and swimsuits (no bikinis): **See Dress Code**
- Mud clothes & shoes - a pair of clothes and shoes that you could throw away if they become so muddy that cannot be cleaned (during cave hike or mud fight). (Look for a pair of tennis shoes from a thrift store to use as your mud shoes.)
- At least 2 pair of shoes. Be prepared that flip flops break easily on our rugged terrain.
- **Optional Items to consider:**
- fishing gear, flashlight, rain coat, bug spray, sunscreen, eno-style hammock, backpack, refillable water bottle

Dress Code Purpose:

It is our desire that Ponderosa Bible Camp be a place where our campers are not distracted from what God has in store for them during their stay at camp, a place where they can focus their eyes and their hearts on their relationship with Jesus, a place where they are not "tempted" by the flesh. Therefore, campers are required to adhere to the "Camp Dress Code" as follows.

"Modesty is our Policy".

Girls:

- All shorts must be below fingertips when standing. Longer "Bike Shorts" can be worn under athletic shorts to help meet length requirements. We have a No visible waistline (front or back) policy
- We have a No visible cleavage policy
- We have a No visible bra policy (sports bras and regular bras and bra straps should not be visible under your shirt)
- We have a No visible underwear policy
- If you are wearing leggings or yoga pants: an oversized shirt is best - your shirt must cover your rear end when your arms are raised.
- If you are wearing an oversized shirt with shorts: your shorts must come several inches below the longest part of your shirt when your arms are down (not raised).
- No strapless shirts.
- No bikinis. No swimsuits that reveal your waist or cleavage. V-neck swimsuits tend to show too much cleavage for older girls.
- Strapless swim tops are acceptable - just be careful when diving!
- No solid-white swimsuit pieces (they are see-through when wet).
- Tank tops & spaghetti strap tops & racerback tops are acceptable as long as no cleavage or bra parts are showing. Tank tops that open low under the arm and show your bra (even sports bras) are not acceptable. A tube top or a t-shirt could be worn underneath to cover cleavage or bra. Try and see which works for you!

Guys:

- Tank Tops are not allowed to be worn in the dining hall to prevent body hair from getting in food.
- No white swimsuits. (They are see through when wet.)

What NOT to bring

Do not bring Electronics (eReaders, Kindle, iPad, iPod, Nook, Music Players, etc.), Knives:

Cell Phones must be turned in to the camp nurse and will be returned to the camper on Friday morning.

Campers will be sent home if they bring any of the following:

Tobacco, alcohol, illegal drugs, weapons, or a foul mouth